Department of Health Science
Admission Policy

We seek people who understand the educational goals and academic requirements of Showa Women’s University, and who have a strong interest in food, nutrition and health. We seek people who wish to use their knowledge of medicine; welfare; health research, education and administration; and food to contribute to society. Furthermore, we accept people with the capacity and ability to succeed in the course of study of the department. We therefore recruit applicants through various and comprehensive entrance methods.

(1) Recommended field of study and subjects to learn before entrance
   • Foreign Language: The student should acquire competence in the 4 skills of English by graduation as well as an understanding of the culture, be able to communicate actively, understand input precisely, and be able to communicate her opinions with clarity.
   • Science: The student should acquire basic knowledge of chemistry and biology, have the ability to conduct observations and experiments of natural phenomena, and be able to deepen her understanding through such experiments and observations.
   • Mathematics: The student should understand basic concepts, principles, and rules of mathematics, be able to use and understand numerical data, to express herself about mathematical concepts, and should be able to make decisions regarding the results obtained.

(2) Learning habits to have before entrance
   • Have basic knowledge of food, nutrition, and health.
   • Gather information on current issues related to food, nutrition, and health.